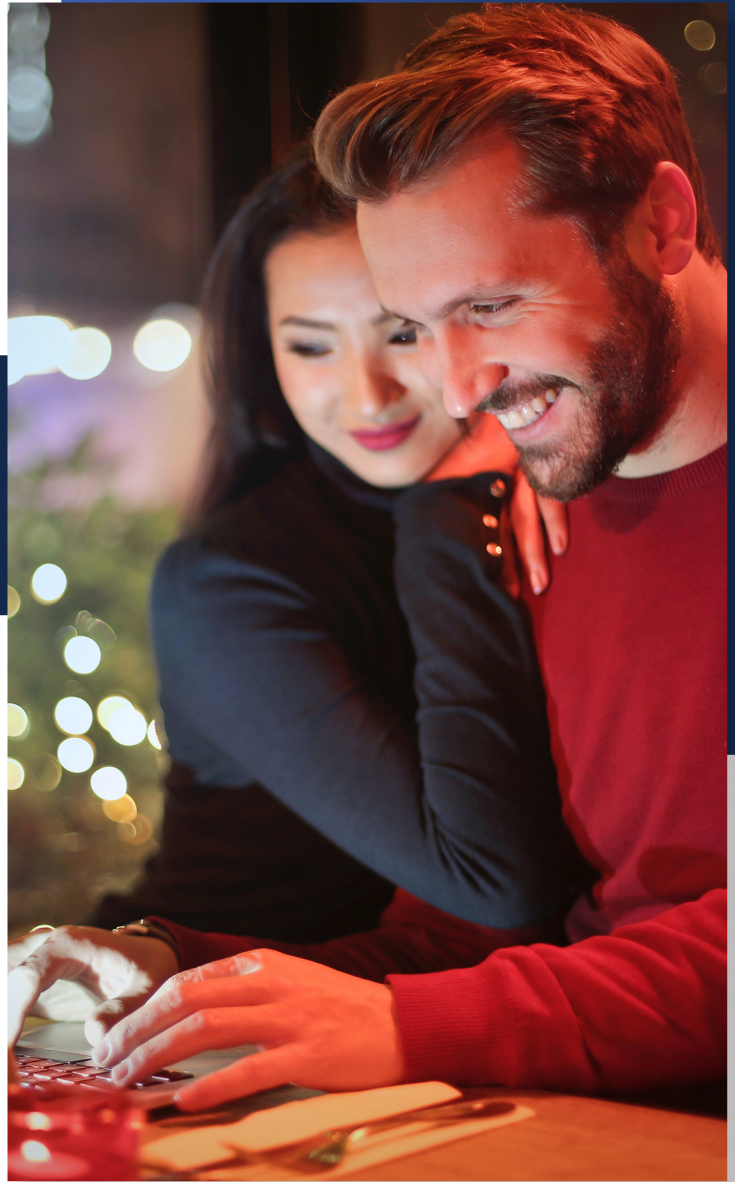


THE QUEST PROJECT

UNTANGLING *THE WEB*

Destructive webs can be untangled and pathways opened for creating healthier relationships.

Untangling the Web is a successful, comprehensive workshop designed for couples and individuals who want to explore and develop loving, healthy relationships. Learn tools and techniques to help eliminate barriers while creating a safe environment for effective communications.



YOU'LL DISCOVER HOW TO

- ✓ heal past wounds and family-of-origin issues
- ✓ transform fighting into growth conversations
- ✓ turn moments of conflict into moments of intimacy
- ✓ support your partner's core struggle with empathy and understanding
- ✓ find your voice: express your inner desires, wants and fears
- ✓ feel less alone as you build stronger bonds and connections
- ✓ work past hurt and anger
- ✓ find safety in vulnerability
- ✓ appreciate your partner's point of view
- ✓ create an atmosphere of acceptance

Workshops are offered throughout the year, and counseling is covered by most insurance companies.

Visit our website or contact us for dates and additional info . . .

Contact Dr. Clay (314)640-1553 | Email: clayton@claytonlessor.com | Website: www.ClaytonLessor.com